

HOW TO ORDER

www.flexischools.com.au
Register & follow prompts
Place orders up to 4 weeks in advance

Daily Order cut off time 8.30am

Our Tuckshop ordering method is **Flexischools** for convenience.

Please note there are **NO OVER THE COUNTER SALES**

Late Orders

Missed the 8.30am ordering cut off?

Call the Tuckshop to arrange a late lunch order: \$5 Sandwich (cheese, ham & cheese, or vegemite), popcorn & a piece of seasonal fruit.



Our Tuckshop provides healthy choices under the Queensland Smart Choices Food Guidelines, which means most of our products are school approved, healthy, and delicious.

SUPPORT OUR TUCKSHOP

Tuckshop is always grateful for Volunteers Monday-Friday from 9am. Coffee and Tea provided.

We adore Volunteers and your children love to see you at school. You can help us by sticking order labels on bags, serve at the counter or preparing food for daily orders.

Please call us on 5656 1367 to register your interest



Birthday Buckets have a frozen treat for each child in the class (and the teacher too) with a certificate for the Birthday child to keep.

Only available through online ordering via Flexischools.

Quelch Sticks \$15.00

Sour Sticks \$ 30.00



Convenor: Chris Souto

Open: Monday – Friday

Phone: 5656 1367

Email: shell24@eq.edu.au

BELL TIMES

Lunch 11.00 am

Afternoon Tea 1.40 pm



SANDWICHES

Vegemite or Jam	\$2.00
Cheese	\$2.50
Egg, Lettuce & Mayo	\$3.00
Ham & Cheese.....	\$4.00
Salad	\$4.50
<i>with Ham or Tuna</i>	<i>add \$1.00</i>
<i>with Chicken</i>	<i>add \$2.00</i>
Tuna & Mayo	\$4.00
Bread Roll or Toasted	<i>add 50c</i>
G/F Bread	<i>add \$1.00</i>

SALAD TUBS

Garden Salad	\$7.00
<i>(lettuce, carrots, tomato, cucumber and egg)</i>	
<i>with Ham or Tuna.....</i>	<i>add \$1.00</i>
<i>with Chicken</i>	<i>add \$2.00</i>

DRINKS

Flavored Milk	\$2.50
Juice Popper	\$2.00
Glee Sparkling Juice.....	\$3.00
Water	\$2.00

WRAPS

Ham & Cheese.....	\$5.00
Salad.....	\$6.00
<i>With Ham or Tuna</i>	<i>add \$1.00</i>
<i>With Chicken</i>	<i>add \$2.00</i>
Caesar Salad.	\$7.00
<i>(lettuce, bacon, egg, parmesan, dressing)</i>	
<i>With Chicken</i>	<i>add \$2.00</i>

WEEKLY SPECIAL

TUESDAY - Chicken or Vege Burger	\$4.50
<i>(lettuce, tomato & mayo)</i>	
WEDNESDAY - Macaroni Cheese	\$4.50
THURSDAY – Quesadilla (Ham/Cheese)	\$5.00
<i>(Chicken/cheese)</i>	<i>\$5.50</i>
FRIDAY - Sushi	\$3.50
<i>(Teriyaki chicken, Tuna/Mayo or Avocado)</i>	
- Pie Day.....	<i>Starting from \$3.00</i>

FROZEN TREAT

Quelch stick.....	\$70c
TNT Sour.....	\$1.00
Chocolate Billabong.....	\$2.00
Lemonade Ice Pole.....	\$1.50
Licks (<i>berry or mango</i>)	\$2.00
Vanilla Ice cream cup.....	\$2.00
Frozen Yogurt (<i>mango or berry</i>).....	\$3.00
Mini ice cream cups (<i>chocolate or strawberry</i>).50c	

HOT FOOD

Crispy Chicken Wrap (lettuce & Mayo).....	\$5.00
Butter Chicken.....	\$5.50
Meatball Sub (Cheese & Sauce).....	\$4.00
Lasagna (Beef or Vegetarian).....	\$4.50
Lasagna G/F	\$5.50
Hot Dog with sauce	\$3.50
Ham & Cheese Pizza	\$3.50
Dim Sim (3) (Vegetarian)	\$3.00
Noodles (Beef or Chicken).....	\$3.00
Sausage Roll	\$3.00
Snack Pie	\$3.00
Garlic Bread	\$2.50

SNACKS

Boiled Egg	\$1.00
ANZAC/Lemon Myrtle cookie.....	\$1.00
Popcorn.....	70c
Custard Cup.....	\$2.00
Choc Chip/ Blueberry Muffin.....	\$2.00
Fruit (apple or orange)	\$1.00
Frozen Pineapple Ring.....	50c
Watermelon Tub	\$3.50
Pikelets with jam.....	\$2.00
Crackers with Vegemite	\$1.00
<i>with Cheese.....</i>	<i>add. 20c</i>