FROM THE PRINCIPAL'S DESK

An Evening of Excellence

Last Friday our dedicated music teachers showcased the talents of our children to the school community. Miss Dart, Mrs. Sullivan and Mr. Hart work as a wonderful team to bring the best out in our children in terms of choirs, instrumental music and strings. Their work goes beyond normal school hours and from all reports, Friday evening was a wonderful success. Regrettably I was unable to attend the event however one parent, whom I know would represent the thoughts of the majority of those present wrote to me stating: “I would just like to take the time to congratulate Mr. Hart and the Music Team at Ashmore on a most enjoyable night. The dedication and patience that you all must have to achieve such a high quality is truly commendable”. Great work Music Team!

A New Look Administration Team
It is with great pleasure that I inform you that Mrs. Karen Gravendyk has been appointed to the position of Deputy Principal at our school. Many of you know Mrs. Gravendyk as the Head of Curriculum. Commencing in 2015, Mrs. Josey will supervise Stage A (Pre- Prep, Prep and Yr. 1) Special Needs and our International Schools Program. Mrs. Gravendyk will supervise Stage B (Yrs. 2, 3 & 4) and our whole school curriculum practices including Link It!. Ms. Fry will supervise Stage C (Yrs. 5 & 6) and specialist areas that include Performing Arts, Health and PE and ICT and LOTE. I know you join with me in congratulating Mrs. Gravendyk and that you will support each of these leaders in their respective roles.

**The Final Countdown**

We regularly remind our students that ‘It's Not OK to Be Away’. Hence it is important that every student attends school on a daily basis until the end of the school term. Teaching and learning occurs at our school until the final end of year bell rings. Students are engaged in finalising learning in the key learning areas for that year level, setting the scene for their next year of school. They are also engaged in reflection of their personal improvement plans and completion of digital portfolios. It is not acceptable for students to have occasional ‘days off’ from school or for students to leave school early for holidays. The last two weeks are also those enjoyable times where many ceremonies occur that build school spirit and celebrate successes. Class lists will be displayed outside the Carmichael Centre on from Wednesday 10 December, Party Day is Thursday 11 December and children will be introduced to their new teachers on Friday 12 December. Classes will hold ‘Show Off’ days inviting parents and friends to view the work of students completed this term and to share digital portfolios which can then be downloaded onto each child’s USB and forwarded home.

I must also remind students and parents that correct school uniform is also an expectation at all times even though the year is coming to an end. I realise that many of our students are engaged in *Fitter Faster Stronger* before school that requires them to wear sports shoes. If your child wears coloured sports shoes for this particular fitness activity they must change into the correct black shoes after the session. There are children who do not participate in ‘before school’ sports activities who continue to wear incorrect footwear. This is not acceptable and every student must have black shoes, including black sports shoes, as part of their correct uniform for the commencement of the 2015 school year. Please note that one pair of black sports shoes can double as everyday uniform shoes hence only requiring parents to purchase one pair of shoes. If you have difficulty in finding plain black sports shoes please contact the office or the uniform shop as we have list of possible suppliers, thanks to parents who provide us with such information.

**Making Every Minute Count**

This past week Australia and indeed the world were deeply saddened by the passing of the talented young cricketer, Phillip Hughes. This was a young man who in the prime of his life was taken from us so swiftly and in unexpected circumstances. It is difficult to understand why such tragic events occur, why parents, families and friends must suffer such grief. It does make one realise how tenuous life is and how we must make the most of everyday, spend as much time as possible with those we love and let go of any grudges or animosity we might feel toward others because, after all, why waste the precious time we have with each other, be it our immediate family, our school family or other relationships we may have. On that note, take care of each other and enjoy the lead into what should be, the happiest time of the year- Christmas.
A good idea for all families

Everyone gets caught out at times with traffic, car trouble or an appointment that takes longer than expected. For this reason, it is an excellent idea if families place a completed application with our before and after school service – “Helping Hands”. This would assist you, when you cannot collect your child/ren on time due to unforeseen circumstances.

Our Office closes at 4 pm and often there are staff meetings prior to this. Therefore school staff are unable to mind students beyond 3:20pm (the time teachers are rostered on for after school supervision at exit points).

If you are held up and you have completed and handed in an application form for “Helping Hands”, you can ring the school and have your child/ren go safely to “Helping Hands” until you are able to collect them.

BSM BLURB

FINANCE

There are still a few families that have not paid their 2014 Student Resource Scheme Fees – please make payment by 28th November 2014

End of Year – the finance office will be closing on the 28th November. No further payments will be taken after this date. Please ensure that you have all outstanding debts paid before this date. Any outstanding debts will be carried over into next year, however this is not preferred.

Cash Window payments – please note that the receipting office does not carry a float for change. It would be greatly appreciated if you have the correct amount.
FACILITIES

IT IS CONFIRMED!!!! The Prep Playground will be completely Astro Turfed over the Christmas break. This has been a long time coming but the School and the P & C have come together financially to get the project completed. Like most of you, I cannot wait to see the finished product.

GENERAL

Picking up children early – If you are intending to pick your child up early please do not call the office to get your child down to the office prior to you getting here. You need to come to the office to sign your child out and then we are able to get your child sent down.

Absent/Sick Students – If your child is going to be away on a particular day could you please ensure that you call the Absent Line on (07) 5656 1360. This will save you time as you can just leave a message and don’t have to talk to the office ladies or wait if the office is busy.

Messages for your children - As stated in previous newsletters, it can be extremely difficult to give students personal messages from parents during the school day, so to alleviate this issue we have a cut off time of 2pm each day. If you require a message to be given to your child you will need to ensure that you phone the office prior to this time. Could you please advise your child of after school pick up times and locations prior to dropping them off at school as these seem to be the most common messages. If you contact the office after this time we will not be able to assist unless it is an emergency.

Many Thanks,

Pete
Business Services Manager

BANKING DETAILS

You may wish to print these details for easy reference throughout 2014.

PLEASE CLICK HERE TO VIEW

RESOURCE CENTRE
**Report Cards**

This semester, you will be receiving your child’s report by email. That’s why in the last few months you may have been asked to check your email address or asked if you want to supply an email address. To ensure you receive the end of year report card please add this address in your list of safe senders to ensure report cards aren’t sent to the Junk Folder.

[OneSchool.application@dete.qld.gov.au](mailto:OneSchool.application@dete.qld.gov.au)

Reports will be emailed in the last week of school. Families without an email address will have their reports printed and these will be sent home as in previous years.

**Library Books**

All classes have been given a list of outstanding library books. We request that these be returned straight away or an invoice will be issued to replace the cost of the book. Prompt return of all books would be greatly appreciated.

On behalf of our Resource Centre staff we would like to thank everyone for their support through Book Club, Book Fair and borrowing of resources. Don’t forget the Gold Coast City library has a wonderful range of resources available during the holidays.

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**GUIDANCE OFFICER- MICHELLE DAVIES**

**Helping Children Learn to Manage Anger**

Children’s angry behaviour is often difficult to deal with because it stirs up feelings of anger and annoyance in others. It can easily frustrate us as parents and carers and especially when the child’s anger appears to be used to push us away.

We need to remember that everyone feels angry at times.

Parents and carers can help their children learn how to cope with anger in positive ways by teaching them to be aware of their feelings, and by exploring more appropriate ways to express them. Children often require help to identify and solve their problems or frustrations that can lead to angry feelings.
How Parents and Carers Can Help

Be aware of your child’s feelings

Children need to learn that having angry feelings is normal and okay, but that reacting aggressively and hurting others when you’re angry is not. Adults can help children become aware that they are feeling annoyed, frustrated, angry or furious by naming these feelings for them as they see them experiencing them. Learning to say, “I’m feeling angry” or “I’m really frustrated” gives children a way to separate their angry feelings from how they react.

Time to talk

Talking to a child about what has put them in an angry mood will help them to see that feelings have causes and that solutions can be found. Once you find out what the child is angry about you can often help them to think up better ways to handle the problem. This kind of conversation doesn’t work while they are really angry. Sometimes it must wait until later when they have calmed down.

Children often find it easier to talk in informal situations where they feel less pressure. Find a relaxed time to talk to children about their feelings. Asking, “What makes you angry?” can be a good way of starting a conversation about anger.

Find alternatives

Getting children to think through a difficult situation helps them develop problem solving skills. Asking, “Is that what you wanted to happen?” or “What else could you have tried?” encourages children’s helpful thinking. Thinking of alternative solutions helps children plan different ways of reacting next time. Be sure to praise their efforts.

Help children develop ways to calm down

When emotions are strong, it is easy to act without thinking. Encourage your child to take control and allow time for their emotions to subside. Walking away, using a quiet spot to think or doing something else like riding a bike, jumping on a trampoline or listening to music, are all activities that can assist in reducing strong emotions.

‘Cool Down’ Steps to Teach Children

1. Recognise that you are angry

• Notice the body signals that mean you’re angry, such as getting hot, heart racing, tense muscles etc.
• Give a number from 1 to 10 to show how angry you are.

2. **Cool down your body**

• Breathe slowly.

• Take time-out in a quiet place.

• Go for a walk, do something physical.

• Draw how you feel.

3. **Use coping self-talk**

• “It’s okay. I can handle this.”

4. **Try to solve the problem**

• Talk to someone who is a good listener.

• Plan what to do next time.

*Adapted from: www.kidsmatter.edu.au*

**STRESS MANAGEMENT**
Many different triggers can cause a child to develop anxiety but children are not born with the skills to manage these feelings. As a child’s levels of anxiety increase so too do their inner stress levels. Often as parents, we also lack knowledge and understanding of how best to support our children as anxiety and stress
levels begin to climb.

As part of the school's KidsMatter initiative we are holding our next Parent Education Training (P.E.T.) session on the topic of managing stress and anxiety. Why don’t you all try to put aside an hour next Tuesday afternoon (2nd Dec) from 1.45 pm to 2.45 pm. Come along and learn more about how you can help your own child to manage their stress and anxiety levels. Pam Day our Ed LinO co-ordinator is a wonderful speaker. She is providing an information session for all parents in the Carmichael Centre. This will be a wonderfully informative and helpful workshop. We’ll look forward to seeing you all there.

![Every Face has a place](image)

NEWS FROM THE SPORTS DESK...November

**Swimming Carnival – 3 December**

*Ashmore Swimmers Ready to Compete*

The Annual Ashmore Swimming Carnival is at City Pools Nerang on Wednesday 3 December (the timetable of events is also attached). The carnival is for Year 4-7 and will take the place of a regular school day. The information hand-out has been given to your child. If you have any questions, please refer to the handout which is available on the school website.

- This will be the final House competition of the year. Awards will be given to girl and boy age champion in each grade.

**Intra-school Sports Program –**

Competition concluded on Friday 21 December with the overall house champions to be announced at the Annual Sports Assembly on 9 December.

**Sport Assembly – 9 December, 11:45-1:00**

- Sport Assembly During Last Week of Term 4
- The Ashmore State School Sport Assembly will take place in the Hall on Tuesday, 9th December.
- Awards will be presented for a variety of sporting achievements.
Parents are welcome

**Fitter – Faster - Stronger - 8:00am to 8:45am, 5 days a week**

We are consistently getting over 50 students to these fitness sessions, with our record of 97 participants looking like it could be beaten soon. Please come along and see if we can get past the 100 mark!

- **Only Two Weeks Left of Fitter, Faster, Stronger**
  - Students from all grades and their parents are welcome to attend. Teachers are welcome, too! Bring a change of clothes if you wish. There is no cost associated with the program.


**A New Change**

After 17 years on the Gold Coast I will be transferring to Chancellor College at Sippy Downs on the Sunshine Coast for the start of the 2015 school year. I will be taking on a role of middle school P.E. teacher and am quite excited about the new position. My wife Nicky and sons Caleb and Seth are also looking forward to this next chapter in our lives. This move will also take me closer to my family.

I would like to take this opportunity to thank every member of the Ashmore school community for your support since my arrival at this amazing school in 2011. I feel extremely proud to have been part of our exceptional school and will miss so many of you.

To the incredible students: I extend my heartfelt thanks for welcoming me and allowing me to introduce a variety of new initiatives.

To the parents, grandparents and carers: I extend my thanks for your support of the programs that are here at Ashmore and especially for instilling a love of physical activity and healthy habits into many of our school students.

To the incredible staff: my sincere thanks for your support of the many carnivals and events that have taken place and for your understanding with how a whole school must work together.

To the supporters of ‘Fitter, Faster, Stronger’, this initiative has evolved from when I first arrived with Mrs Haycock leading Running Club and has now grown to what it is today. Each person that supports this program, either by participation, dropping your children off to attend, taking activities in my absence and leading by example. Every one of you is making a difference in the lives of our students and when I see almost 100 students show up to join in I feel a great sense of pride and admiration for each of you and the difference that you are making for our students.

I look forward these last few weeks as PE specialist teacher at Ashmore State School and thank each of you for your contribution towards making our school the amazing place that it is.
Ashmore State School Swimming Carnival 2014

Years 4-7

Wednesday, 3 December

- 9:00am – Departure by bus from Ashmore State School
- 9:45am – War Cries
- 9:50am – Freestyle House Heats and Finals
  - ONLY DO THIS RACE IF MORE THAN 10 SWIMMERS IN HOUSE AGE GROUP - first 2 from each heat go to house final
  - Cotlew 2005 Girls
  - Currumburra 2005 Girls
  - Warrawee 2005 Girls
  - Yangoora 2005 Girls
  - Boys 2005
  - Girls 2004
  - Boys 2004
  - Girls 2003
  - Boys 2003
  - Girls 2002
  - Boys 2002
  - Girls 2001
  - Boys 2001
  - Then run House Finals in same order
- 10:35am – Backstroke House Heats and Finals
  - ONLY DO THIS RACE IF MORE THAN 10 SWIMMERS IN HOUSE AGE GROUP - first 2 from each heat go to house final
  - Cotlew 2005 Girls
  - Currumburra 2005 Girls
  - Warrawee 2005 Girls
  - Yangoora 2005 Girls
  - Boys 2005
  - Girls 2004
  - Boys 2004
  - Girls 2003
  - Boys 2003
  - Girls 2002
  - Boys 2002
  - Girls 2001
  - Boys 2001
  - Then run House Finals in same order
- 11:05am – Lunch
• **11:40am – Breaststroke House Heats and Finals**
  o ONLY DO THIS RACE IF MORE THAN 10 SWIMMERS IN HOUSE AGE GROUP - first 2 from each heat go to house final
  o Cotlew 2005 Girls
  o Currumburra 2005 Girls
  o Warrawee 2005 Girls
  o Yangoora 2005 Girls
  o Boys 2005
  o Girls 2004
  o Boys 2004
  o Girls 2003
  o Boys 2003
  o Girls 2002
  o Boys 2002
  o Girls 2001
  o Boys 2001
  o Then run House Finals in same order

• **12:25pm – Freestyle Championship Finals**
  o Girls 2005
  o Boys 2005
  o Girls 2004
  o Boys 2004
  o Girls 2003
  o Boys 2003
  o Girls 2002
  o Boys 2002
  o Girls 2001
  o Boys 2001

• **12:40pm – Backstroke Championship Finals**
  o Girls 2005
  o Boys 2005
  o Girls 2004
  o Boys 2004
  o Girls 2003
  o Boys 2003
  o Girls 2002
  o Boys 2002
  o Girls 2001
  o Boys 2001

• **12:55pm – Breaststroke Championship Finals**
  o Girls 2005
Boys 2005
Girls 2004
Boys 2004
Girls 2003
Boys 2003
Girls 2002
Boys 2002
Girls 2001
Boys 2001

- 1:15pm – Novelty Events (Kick Board Relay, Noodle Races, Pool Pony, Tube Races)
- 1:50pm – Presentations
- 2:00pm Departure

Be Sun and Water Safe!

MUSIC NEWS

Music Excellence Evening
Friday, Nov 28 in the School Hall
6:00pm – 7:45pm

All choir, band and strings students will perform!

You are invited to join our marvellous musicians in support of their last concert for 2014.

You are also welcome to dress up and embrace the spirit of Christmas... As Santa would say,

"Ho, ho, ho! The more the merrier!"

Please check the school’s website for more details.
CHAPLAIN'S CHAT

A Kids Funday with the theme “Out of This World” will be held at Ashmore Uniting Church on Friday 9th January from 9 to 3. By then your children may be looking for something to do in the holidays, so have them come along to games, fun, music, fun, puppets, fun, craft and more fun. The cost is $10 and everything will be provided. To register, ring Trish Hancox on 5597 2429 or email ashmoreuc@onthenet.com.au

A Carol Service will be held on Sunday 14th December at the Salvation Army, 157 Wardoo St, Southport. With a barbeque and live music from 5p.m. and the carols to follow at 6p.m., everyone is welcome to attend, with refreshments to follow after the carols.

Marg Potter - Chaplain

GIFTED AND TALENTED

UNify Excursion – Marine Science

On Thursday the 13th of November our UNify Marine Science project group climbed aboard the Marine Science research vessel ‘Inspiration’ for a day of exploring around Moreton Bay.

Students became marine biologists for the day and analysed sediment samples from the sea floor under microscopes. Students recorded the date, site, GPS position, time, water depth and organisms found as part of their research task.

Students squashed fish and placed them in baiting bags to attract larger fish to our baited underwater video camera. In the next few Marine Science lessons, students will be analysing these videos to extract the necessary data.

Students will record the Bottom Time, Video Time, T1 (first time each species is seen), NMax (maximum number in frame of each species), Size Estimate...
(estimated size of the species) and Time from Start.

Finally students searched for charismatic mega fauna around the bay from the top deck.
When recording charismatic mega fauna students were required to report on the date, time, GPS position, species, estimated numbers and the behaviour they observed.

It was a fantastic day that allowed students to see first-hand how necessary it is when collecting data to be accurate and precise.

Tegan Nixon
G&T Coordinator

WRITER'S CLUB

Wakakirri was an exhilarating experience for all!

Ashmore placed amongst the top 16 performances Australia wide this year!!

Kicking our legs high into the sky!

Anyone can participate in Wakakirri and represent their school.

Kindred people support you, every step of the way!!

Intriguing dance routines captivate audiences.

Rejoicing in our wins!!

‘Rain’ was my dance group.

I’ve enjoyed our journey to the top every step of the way!

By Hayley (6A)

FOLLOW US ON TWITTER
P & C NEWS

The Stephanie Alexander Kitchen Garden Foundation: We are delighted to support Ashmore State School running this program in our school. The Kitchen Garden Foundation is growing a food revolution from the ground up by changing the way children approach and think about food. Years 3 and 4 in our school will be joining around 35,000 primary school children from more than 260 schools all around the country in enthusiastically getting their hands dirty and learning how to grow, harvest, prepare and share fresh, seasonal food. Children discover hands-on food education, through regular classes in a productive garden and a home-style kitchen classroom, complete with outdoor dining area.

Experiences in the kitchen and garden classes support and extend learnings across subjects such as English, Maths, Science, History, Languages and Environmental Sustainability. Students learn to calculate, measure, analyse and articulate their experiences in a real-life context as they engage with new cultures through enticing flavours, leading to intercultural understanding.

ASHMORE SS CAR BOOT SALE! Come and get a Bargain!!

Saturday November 29

6.00am – 12.00pm

We're only charging $10 for you to come along and sell your wares from your Car Boot. Come along on the day and see Ron Odle, our P&C President, he is contactable on 0422798458. The P&C will be running a Sausage Sizzle.

END OF YEAR CLEANUP WORKING BEE –
From 8.00am Sat Nov 29

Helper Sausage Sizzle & Iceblock for the kids

All who attend go into draw for $50 Tuckshop/Uniform Shop Voucher

This is a wonderful opportunity for parents to help (especially if you’re working through the week). We have beautiful grounds at the school, however they do need quite a bit of work! Please bring a Pressure cleaner if you have one.

2014 PREP TEA TOWELS – Would you like a gift in memory of your child’s time in Prep in 2014? We have some in the tuckshop for sale for $12. Great gifts!!

2015 Resource Scheme – The P&C have endorsed the Ashmore State School Resource Scheme for 2015. As an incentive for prompt payment, if you make your payment by the end of Term 1, 2015 you will -

Go into the draw for a $150 Tuckshop/Uniform Shop Voucher

2015 Bookpacks – You can order a Full 2015 Bookpack at Flexischools.com.au, or at the tuckshop, for January 2015 Delivery.

Voluntary Contribution – Do you want to help the P&C but don’t have the time spare to volunteer for our events? You can make a voluntary contribution at your leisure via Flexischools. Just login into your account and start a new order then select the ‘Donations’ tab to make your contribution. All monies raised this way are going to the renovation of our prep playground area and we will be very pleased of your assistance.

Ashmore P&C

pandc@ashmoress.eq.edu.au

YOUTH MENTAL HEALTH TRAINING
Our Staff were lucky enough to have Pam Day (standing, third from left) District Ed LinkQ Co-ordinator come to the school and offer Professional Development course on Youth Health Mental Awareness.

This was a course designed to bring awareness to the variety of “stresses” that our young people face today.

We all learnt to be Youth Mental Health First Aiders.

GET WET SURF SCHOOL
“BUILDING CONFIDENCE IN KIDS”

Get Wet Surf Schools

School holiday Program

It’s FUN it’s SAFE and it’s EASY.

Get Wet Surf Schools 5 day intensive learn to surf programs for 5 to 12 year olds will be held these school holidays for level 1 beginners.

Along with learning basic surf skills the children will also be educated in essential elements of ocean awareness and beach safety all aimed at building confidence in kids.

Each child registered receives the fantastic Vegemite Surfgroms back pack full of all sorts of awesome surfing goodies.

For more information call 1800 438 938

Or click here

As supporters of the Brave Hearts organisation, $10 for every child registered for the program with Get Wet will be donated to this wonderful charity.

SURFSIDE BUSLINES

Date of Notice: 17 November 2014
STUDENTS & PARENTS NOTICE

Morning Bus 3018

Please be advised of following:

Effective from Monday 1 December 2014, morning school service 3018 will no longer collect between Trinity College and Benowa High School (the service until Trinity College will remain the same) and will no longer service Ashmore Primary due to no patronage.
Service 3108 will arrive at Trinity College at 8:05am, at Benowa High at 8:13am and Surfers Paradise Primary at 8:30am.

Students currently being collecting within the Ashmore area will be collected by new bus number 3177, please see below the new route for morning bus 3177:

Depart from Ashmore Rd (near Macquarie Ave) at 7:45am, (R) Glenmore Dr (7:50am), (L) Kawana Cr, (L) Reed St, (R) Ashmore Rd, (L) Numeralla Av, (R) Yangoora Cr, (L) Tumbarumba Av, (L) Currumburra Rd, Ashmore Primary School (at 8:00am), (L) Currumburra Rd, (R) Cotlews St, (R) Wardoo St, (R)Benowa Rd arriving at Benowa High School (St Kevins side) at 8:12am.

Thank you. Network Planning Department
Detailed timetable for this service will be available on our web site from 27 November 2014.

www.surfside.com.au

DON'T HAVE TIME

Spring Clean Special!*  
3-4 bedrooms, up to 2 bathrooms 
only $110 SAVE $60!

1-2 bedrooms 1 bathroom 
only $60 SAVE $30!

Award-Winning Service • Fully Insured

2014 • 2013 • 2012 • Service Award • Ice Award • Ice Award
KARATE DOJO

Kenseikai Shotokan Karate Dojo

Teaches traditional Japanese Shotokan karate at

Ashmore State School [in the school hall]

Sensei Takaharu Kawamoto is graded 7th Dan Black Belt [the highest in Australia], and specialises in teaching kids!

He has trained many students over the years from beginner to Queensland and Australian Champions!

Your child will learn the importance of respect and discipline while improving self-confidence, getting fit and acquiring a new skill!

Our dojo teaches non-contact karate!

For further information please phone Barry on 0425 661245.

Open Tuesday & Thursday 4.00pm – 5.30pm & Saturday 2.30pm – 4.00pm

Follow us on Facebook:

Gold Coast Karate - Dojo Kenseikai

FOX’S REAL ESTATE
TOTAL FOOTBALL ACADEMY

Total Football Academy (TFA) are pleased to confirm the Football Academy dates for term 1, 2015 held at Ashmore State School. The Academy is open for Players in Year 2 to Year 6 and is held at the School for 8 weeks every term. The Academy will run on a Wednesday for Year 2 to Year 6, 7.30am - 8.30am. TFA will provide professional coaching and expert training, assisting players to reach their full potential. All players that are interested in playing for the School teams and who are interested in developing their skills are encouraged to join the program.

For more information please e-mail andy@totalfootballacademy.com.au or call 0413 888 643.

Term 1 Dates: Wednesday 11, 18, 25 February - 4, 11, 18, 25 March - 1 April.

Term 2 Dates: Wednesday 29 April, 6, 13, 20, 27 May - 3, 10, 17 June.

Term 3 & Term 4: TBC

The Academy program is aimed at Long Term Player Development, with 8 training sessions taking place each term. In each term there will be a different topic. Each session will finish with small sided games. The program will aid player development, knowledge and skill, allowing players to reach new levels. The academy sessions will complement Club/School training. These extra sessions also allow players to get ahead boosting confidence to try new skills.

Currumburra Road
ASHMORE 4214 QLD

07 5656 1330

07 5656 1300
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