FROM THE PRINCIPAL'S DESK

It is with great pride that I announce that Ashmore State School is now an Independent Public School. The Minister for Education, the Hon. John Paul Langbroek, personally telephoned the principals of the successful schools to advise them of their achievement. I am extremely privileged to have received such a call. I owe our success to the work of our teachers, our Administration team, our teacher aides and our entire school community. We are a school that is outstanding in all facets – teaching, learning, student achievement, community participation and confidence.

As explained by the Department of Education, Training and Employment, Queensland Independent Public Schools (IPS) have greater flexibility to enable innovation that improves performance through:

- Managing their planning and review processes
- Determining staffing options
  - Determining the departmental policies and procedures that best suit their individual communities.

All Independent Public Schools remain part of the strong state school system. They need to operate within the system enacting the same core values, beliefs and priorities.
The Ashmore School Council will be formed at the commencement of 2015, which is one of the requirements of IPS schools, adding to community participation in our school and working alongside our committed P&C. Once again we are Proud to Shine.

**Expanding our Learning Opportunities**

This week I signed a Memorandum of Understanding for our school to join the Stephanie Alexander Foundation.

Some of the key components of the program focus on:

- Modeling good food choices without resorting to pyramids or labels of ‘healthy’ or ‘unhealthy’.
- Reinforcing techniques repeatedly, providing the confidence to plant seeds or cook simple dishes.
- Expanding culinary preferences, presenting cultural differences as fascinating rather than strange.
- Expanding vocabularies for describing foods, flavours, textures, plants and processes.
- Coming together at the end of the cooking to share our meal around the table.

As you know we have a very successful community garden established at our school. We will now take that garden further into the classroom with the students accessing it for learning aligned to studies of the Australian Curriculum. The program will have a teacher coordinator and a teacher aide who will assist the children in the cooking and nutritional component of the program. The P&C are planning to install a purpose built covered eating area adjacent to the hall kitchen, which will cater for classroom lessons. Please join us in the garden or perhaps you have some simple and healthy recipes to share and would like to help out in the classes. The program will commence at the beginning of the 2015 school year.

**Getting Ready for 2015**

We are currently in the process of organising classes for 2015. It would be greatly appreciated if you would advise the office in writing if you are leaving our school at the end of this year. Once class arrangements are determined appropriate staffing can be organised. Parents and carers who deem that certain circumstances need to be considered for their child’s class placement must also provide written advice to that effect to the office. Requests for specific teachers cannot be considered.

As in past years, classes will be displayed outside the Carmichael Centre on 10 and 11 December. Students will be introduced to their new teachers/classes on the last day of term. Please note that once students are allocated to classes for 2015 no further changes will be made.

**Quote for the fortnight:**

“This school (Ashmore SS) now sets the benchmark for other schools in QLD. Thank you for the opportunity to visit. Others would benefit from such an experience” Mr. Bevan Brennan, Assistant Director General, School Operations and former Lead Auditor 2014.

Margi James

Principal

DEPUTY PRINCIPAL- LEIGH JOSEY
A good idea for all families

Everyone gets caught out at times with traffic, car trouble or an appointment that takes longer than expected. For this reason, it is an excellent idea if families place a completed application with our before and after school service – “Helping Hands”. This would assist you, when you cannot collect your child/ren on time due to unforeseen circumstances.

Our Office closes at 4 pm and often there are staff meetings prior to this. Therefore school staff are unable to mind students beyond 3:20pm (the time teachers are rostered on for after school supervision at exit points).

If you are held up and you have completed and handed in an application form for “Helping Hands”, you can ring the school and have your child/ren go safely to “Helping Hands” until you are able to collect them.

Year 5 Sports Excellence and Leadership Camp

A very successful Year 5 Camp took place from 29 to 31 October (3 days) at the Runaway Bay Sports Super Centre. The children were commended by staff members from other schools and the Sports Super Centre teachers and instructors, on their maturity and excellent behaviour.

Activities enjoyed, included stand-up paddle-boarding, sailing, archery, astronomy, team-building and leadership challenges. These leadership activities are an important part of our leadership development and selection process for next year’s leaders.

A big thank you to the students on their full commitment and involvement; and to the teachers who attended, for their wonderful contribution to the camp’s success.

STARS (School Thanks and Recognition of Staff)

Leigh Hering

Leigh commenced teaching at Ashmore State School at the beginning of 2010 and firstly taught a Year 5 class. Mrs Hering started teaching in November 2001 at Robina State School after graduating from Griffith University. Prior to this, Leigh worked as a Teacher Aide. As a Classroom Teacher, Leigh taught Years 2, 3, 4 and 5. During this time, she developed an interest in ICT (Information Communication Technology), as it challenged her thinking and provided her with the opportunity to express her creative side. Mrs Hering completed her ICT Pedagogical Licence which was a portfolio of work outlining how ICT is integral in teaching and learning. She has mentored teachers and supported them through their ICT journeys.

In 2011 Leigh changed her role and worked as Ashmore’s Science Teacher. This was followed by a period of time teaching focused ICT skills to students from Prep to Year 5. In 2012 this role shifted to her current position in the Resource Centre, as the ICT Coordinator. She also accepted the role of International Student Program Co-Ordinator in 2013.

Leigh says she enjoys working with ICT as it’s always changing and you need to keep learning - a philosophy she has embraced in her personal life. Leigh’s late father inspired her to always challenge herself. He would
always say, "Have you reinvented yourself yet?"

Leigh particularly enjoys working in the Resource Centre. She works with students from Prep to Year 7 supporting students and staff with their search for resources.

In her spare time, Leigh enjoys traveling, especially when she discovers new foods, experiences and customs. She's travelled to Switzerland, Italy, China, Malaysia, Israel and America; and is currently planning another trip with her husband to Spain, Croatia and Italy.

Leigh has 3 children aged between 24 and 30. Her Sundays involve a culinary feast where everyone contributes with the preparation and of course the enjoyment of eating and each other's company. She relaxes by reading, sewing and painting. Each morning Leigh walks her beautiful dog Banjo who keeps her on her toes.

I would like to thank Leigh for her great contribution in making our Carmichael Centre a welcoming and rewarding learning hub of the school. Big thanks also for all Leigh's hard work in the ICT domain and with her wonderful efforts with our international students.

Rosemary Balcombe

Rosemary commenced at Ashmore State School in January of 2010 as a Prep Classroom Teacher Aide.

Prior to this Rosemary worked as a bank receptionist for twenty years, before joining us at Ashmore.

As well as being a Prep Classroom Teacher Aide (at present Prep E's Teacher Aide), Rosemary has taken on other valuable roles in the school. She is a Special Education Programme Teacher Aide assisting individuals and small groups, both in and out of the classroom. Rosemary also works with other year levels as a General Classroom Teacher Aide. She is presently assisting in our Pre-Prep Classroom with our Pre-Prep Teacher, Mrs Stacey Files.

When asked what she enjoys doing at school, Rosemary explains that she loves working in Prep and Pre-Prep being able to assist the Teacher in delivering the curriculum and seeing the huge progress in the children’s learning at the end of the ear.

Ms Balcombe was born and educated in Melbourne and was a teenage ballroom dance competitor for a number of years, before working in a bank as a receptionist. Rosemary moved to the Gold Coast with her partner, Paul in 1984. They became parents in 2001 and have a lovely thirteen year old daughter who is aiming to be a rock star or a teacher..

We wish to thank Rosemary for her wonderful contribution to the Pre-Prep and Prep E classes at Ashmore State School. We also wish to thank Ms Balcombe for her great contribution to the Special Education Programme and the students she assists, at Ashmore.

BSM BLURB
FINANCE

Student Resource Scheme Fees are due and payable now. Please make payment either by EFT, Cash or Direct Deposit as soon as possible. Payment days are Wednesday, Thursday & Friday!

**Student ID Cards** – We are introducing Student ID Cards in the next week. All students will receive a card which will enable them to print or borrow from the library and pay at the finance office.

The card is the responsibility of the student and if it has to be replaced there will be a fee of $5.00. Please ensure your child understands the importance of the card as it has their photo on it.

**End of Year** – the finance office will be closing on the 28th November. No further payments will be taken after this date. Please ensure that you have all outstanding debts paid before this date. Any outstanding debts will be carried over into next year, however this is not preferred.

**Cash Window payments** – please note that the receipting office does not carry a float to change monies. It would be greatly appreciated if you could come with correct cash.

FACILITIES

It looks like we might be finally getting our prep playground astro turfed during the Christmas Holidays. This has been a long time coming. Now, between the P & C and the school, we have raised the funds to have it completed. We are looking forward to the finished product.

GENERAL

**Picking up children early** – If you are intending to pick your child up early please do not call the office to get your child down to the office prior to you getting here. You need to come to the office to sign your child out and then we are able to have your child sent to the office.

**Absent/Sick Students** – If your child is away on a particular day could you please ensure that you call the Absent Line on (07) 5656 1360. This will save you time as you can just leave a message and don’t have to talk to the office ladies or wait if the office is busy.

**Messages for your children** - As stated in previous newsletters, it can be extremely difficult to give students personal messages from parents during the school day, so to alleviate this issue we have a cut off time of 2pm each day. If you require a message to be given to your child you will need to ensure that you phone the office prior to this time. Could you please advise your child of after school pick up times and locations prior to dropping them off at school as these seem to be the most common messages. If you contact the office after this time we will not be able to assist unless it is an emergency.

Many Thanks,

Pete
Business Services Manager

BANKING DETAILS

You may wish to print these details for easy reference throughout 2014.

PLEASE CLICK HERE TO VIEW

RESOURCE CENTRE

Book Club

The last issue for 2014 has just been delivered to classes. All orders must be returned to the Resource Centre by Wednesday 19th November. No late orders will be accepted. If you require the order as a gift for Christmas please indicate this on the envelope. Remember, all orders must be paid for online as we can't accept cash and the receipt payment number written in the box provided. Make sure you also mark the books you've purchased on the order form. We would like to thank everyone for their support of Book Club during 2014. This has enabled the purchase of thousands of dollars worth of books.

Borrowing

Our new Library borrowing system “Oliver” is up and running. We will be rolling out different features for staff and students in the next few weeks.

The interface for students is user friendly and students will be able to logon using their ID cards. Staff and students can only log on at school as this is accessed from our server.
Everyone will be able to easily see what books they currently have on loan and search for resources.

We will finish all borrowing for 2014 at the end of week 8 – that’s just over two weeks of borrowing left. All books MUST be returned before the end of the year especially all Year 6 and 7 students. Reminders for outstanding books will be shortly issued. These must be paid for before students depart.

GUIDANCE OFFICER- MICHELLE DAVIES

RAISING HEALTHY CHILDREN

Watching our children at lunch time shows us that children usually love to be active. Children are naturally drawn to physical activity. As we know, physical activity is very important for children’s healthy growth and development. It also promotes social interaction and friendship skills, and can be a catalyst in supporting their mental health and wellbeing. Physical activity can promote strong bodies and physical health. Good physical health is one of many factors that collaboratively enhance the child’s mental health.

The earlier we start to engage our young children in physical activity the more likely it is to become part of their future everyday life.

We now know that:

- Children need at least 60 minutes to several hours of moderate to vigorous physical activity every day
- Spending more than two hours a day using electronic media (TV, computer, internet) is unhealthy and detrimental to a child’s wellbeing.

There are different types of physical activity.

- Moderate activity will be equal in intensity to a brisk walk, or a bike ride
- Vigorous activities will make kids “huff and puff” eg. football, soccer, ballet, running, swimming laps.

*But any activity that sees your child expending energy is usually good!*

Most children are naturally drawn to physical activity but getting your lethargic child into sport may take some effort. Here are some tips:

- Engage in some sporting activity with them (eg. play football in the park, biking, walking)
Encourage them to take up some organized sport and praise them regularly for “having a go” and “trying their best”

Begin with moderate intensity activity – say 15 minutes per day and steadily increase the time and amount of vigour

Make it fun for both of you – get fit together

Use firm love and consistent boundaries to turn off the electronic devices

Moderate the amount of food your children eat – putting on weight is mostly to do with An imbalance of calories and exercise ie. food intake being more than energy output

Increase the amount of healthy nutritious foods and cut down on the processed foods

We all want our kids to be healthy and happy. Healthy and happy kids are more likely to live life to the fullest. Isn’t that what we want for all our children?

(Adapted from Active Kids are Healthy Kids – Aust Govt Dept of Health and Aging)

NEWS FROM THE SPORTS DESK...November

Swimming Carnival – 3 December

Ashmore Swimmers Ready to Compete

The Annual Ashmore Swimming Carnival has been booked for City Pools Nerang on Wednesday 3 December (the timetable of events is also attached). The carnival is for Year 4-7 and will take the place of a regular school day. The information hand-out has been given to your child. The cost for the day is $8.50 which includes entry to the pool and transportation by bus. Payment due date is 28 November. If you have any questions, please refer to the handout which is available on the school website.

This will be the final House competition of the year. Awards will be given to girl and boy age champion in each grade.

Intra-school Sports Program –

We are more than half way through our Intra-school Sports competition. The sportsmanship being displayed by our students is outstanding and truly reflects the Ashmore values.

Competition is scheduled to conclude on Friday 21 December with the overall house champions yet to be decided.

All Schools Touch Carnival

Ashmore State School entered a mixed and a girls team into this year Queensland Primary All School Touch competition at Redlands Touch. The mixed team were knocked out in the Championship Playoffs and the girls in the Plate playoffs. Both teams thoroughly enjoyed the experience and played some amazing touch. Mrs Roberts coached the girls’ team and Mrs Campbell and Po Pohutuhutu coached the mixed team. All players would like to thank teachers and
parents for giving up their time and supporting them.

Congratulations

Congratulation to Luke G. (3D) and Logan T. (1D) who have been selected to play in the ‘Pee Wee’ Professional Golf Association (PGA) tournament on the Gold Coast. Both Luke and Logan will be playing in a five-week tournament across some of the best golf courses the Gold Coast has to offer under the watchful eye of one of our dad’s who is also the boys’ coach, Loic. This is yet another example of our Ashmore students being Proud to Shine! in a variety of ways.

Sport Assembly – 9 December, 11:45-1:00

• Sport Assembly During Last Week of Term 4
• The Ashmore State School Sport Assembly will take place in the Hall on Tuesday, 9th December.
• Awards will be presented for a variety of sporting achievements.
• Parents are welcome

Fitter – Faster - Stronger - 8:00am to 8:45am, 5 days a week

• Only Five Weeks Left of Fitter, Faster, Stronger
• Students from all grades and their parents are welcome to attend. Teachers are welcome, too! Bring a change of clothes if you wish. There is no cost associated with the program.


A New Change

After 17 years on the Gold Coast I will be transferring to Chancellor College at Sippy Downs on the Sunshine Coast for the start of the 2015 school year. I will be taking on a role of middle school P.E. teacher and am quite excited about the new position. My wife Nicky and sons Caleb and Seth are also looking forward to this next chapter in our lives. This move will also take me closer to my family.

I would like to take this opportunity to thank every member of the Ashmore school community for your support since my arrival at this amazing school in 2011. I feel extremely proud to have been part of our exceptional school and will miss so many of you.

To the incredible students: I extend my heartfelt thanks for welcoming me and allowing me to introduce a variety of new initiatives.

To the parents, grandparents and carers: I extend my thanks for your support of the programs that are here at Ashmore and especially for instilling a love of physical activity and healthy habits into many of our school students.
To the incredible staff: my sincere thanks for your support of the many carnivals and events that have taken place and for your understanding with how a whole school must work together.

To the supporters of ‘Fitter, Faster, Stronger’, this initiative has evolved from when I first arrived with Mrs Haycock leading Running Club and has now grown to what it is today. Each person who supports this program, either by participation, dropping your children off to attend, taking activities in my absence and leading by example. Every one of you is making a difference in the lives of our students and when I see almost 100 students show up to join in I feel a great sense of pride and admiration for each of you and the difference that you are making for our students.

I look forward to these last few weeks as PE specialist teacher at Ashmore State School and thank each of you for your contribution towards making our school the amazing place that it is.

**Ashmore State School Swimming Carnival 2014**

**Years 4-7**

**Wednesday, 3 December**

- 9:00am – Departure by bus from Ashmore State School
- 9:55am – War Cries
- 10:00am – Freestyle House Heats and Finals
  - ONLY DO THIS RACE IF MORE THAN 10 SWIMMERS IN HOUSE AGE GROUP -first 2 from each heat go to house final
  - Cotlew 2005 Girls
  - Currumburra 2005 Girls
  - Warrawee 2005 Girls
  - Yangoora 2005 Girls
  - Boys 2005
  - Girls 2004
  - Boys 2004
  - Girls 2003
  - Boys 2003
  - Girls 2002
  - Boys 2002
  - Girls 2001
  - Boys 2001
  - Then run House Finals in same order
- 10:45am – Backstroke House Heats and Finals
  - ONLY DO THIS RACE IF MORE THAN 10 SWIMMERS IN HOUSE AGE GROUP -first 2 from each heat go to house final
  - Cotlew 2005 Girls
  - Currumburra 2005 Girls
  - Warrawee 2005 Girls
* Yangoora 2005 Girls
  * Boys 2005
  * Girls 2004
  * Boys 2004
  * Girls 2003
  * Boys 2003
  * Girls 2002
  * Boys 2002
  * Girls 2001
  * Boys 2001
  * Then run House Finals in same order

- **11:15am – Lunch**
- **11:45am – Breaststroke House Heats and Finals**
  * ONLY DO THIS RACE IF MORE THAN 10 SWIMMERS IN HOUSE AGE GROUP - first 2 from each heat go to house final
  * Cotlew 2005 Girls
  * Currumburra 2005 Girls
  * Warrawee 2005 Girls
  * Yangoora 2005 Girls
  * Boys 2005
  * Girls 2004
  * Boys 2004
  * Girls 2003
  * Boys 2003
  * Girls 2002
  * Boys 2002
  * Girls 2001
  * Boys 2001
  * Then run House Finals in same order

- **12:30pm – Freestyle Championship Finals**
  * Girls 2005
  * Boys 2005
  * Girls 2004
  * Boys 2004
  * Girls 2003
  * Boys 2003
  * Girls 2002
  * Boys 2002
  * Girls 2001
  * Boys 2001

- **12:45pm – Backstroke Championship Finals**
• **1:00pm – Breaststroke Championship Finals**
  - Girls 2005
  - Boys 2005
  - Girls 2004
  - Boys 2004
  - Girls 2003
  - Boys 2003
  - Girls 2002
  - Boys 2002
  - Girls 2001
  - Boys 2001

• **1:20pm – Novelty Events (Kick Board Relay, Noodle Races, Pool Pony, Tube Races)**

• **1:55pm – Presentations**

• **2:00 Departure**

**Be Sun and Water Safe!**

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**KIDS MATTER**

KidsMatter Primary provides a framework for supporting the mental health of our students:

It encourages us to work together and support each other in this process. We all need to be involved. KidsMatter Primary promotes the concept of families and communities joining together and sharing ideas and information so that we can raise happy, positive and successful children. Good mental health systems tend to flourish when everyone supports each other.

**What is Mental Health?**
Good mental health increases our personal levels of wellbeing and fosters our positive outlook on life. It strengthens our ability to cope well with the demands of daily living and raises our level of resilience. It significantly increases our capacity to enjoy life. Good mental health can foster our ability to look for positives and to connect with others. It helps us to achieve our true potential. Good mental health strengthens our capacity to set and achieve important personal and learning goals. People with good mental health usually enjoy building social relationships and supporting each other. They tend to feel valued by others and enjoy sharing their ideas with the people around them. When we have good mental health we are more able to look after each other......our family, others in our work place and our community.

Alternatively, if we have poor mental health (also known as mental health difficulties) we often feel a lack of personal wellbeing and can become stressed more easily. This can impact our ability to really enjoy life and to be able to plan adequately for our own future. People with poor mental health, can find it more difficult to think positively and care for others. They may suffer from anxiety or depression. While this can be either short or long term, it can significantly reduce our current aptitude for identifying and manifesting personal goals. More importantly, it often also reduce our capacity to care for others and to be a positive and supportive member of our own family and community.

Even minor mental health difficulties can make it much more difficult for us to really get the most from life and from our own natural abilities. We need to develop an awareness of the risk factors and the protective factors that surround mental health and to focus on strengthening our own mental reserves so that we can protect and nurture our own children.

We often need to learn how to bounce back after a set-back and how to focus our thinking on the positive rather than the negative. All too often we tend to zero in on the negatives rather than balancing our thinking by looking for corresponding positives. We can even fall into the trap of encouraging our children to do exactly the same. This can foster spiralling patterns of negative thinking. Rather than looking for what’s good in life we then start looking for yet another “sad story” to focus on. This then limits our ability to reach out, understand and connect with important others when we need them most.

It’s very important to focus on thinking positively and to build strong relationships with family, friends, colleagues and local community. Always model these skills for your children to learn.

**Mental Health and Children:**

Good mental health is important to children’s learning and development. It can raise their ability to achieve and enjoy life. Children with good mental health will also be more willing to reach out and connect with others. They will be more willing to try new activities and “have a go”. Children who are developing mental health problems will often become more withdrawn and less willing to communicate. They can present as sad, angry and/or depressed. They will often find it difficult to remember things and to retain what is said to them. They may grumble a lot and appear unhappy. This can quickly reduce a child’s capacity to learn and succeed at school.

**What can I do?**
If you suspect your own child's mental health is at risk it is important to speak to someone.

Talk to others in your family. You could also talk to your child's teacher to see what they have observed and whether they have similar concerns. Make an appointment with your child's General Practitioner and share your observations with them. Get a referral on to a psychologist. Make time to phone your school's Guidance Officer to get some extra support and advice.

**Risk and Protective Factors:**

As noted above, KidsMatter Primary has identified many and varied factors that can influence the quality of our children's mental health. These include both risk and protective factors.

If you would like more information about the risk and protective factors that have been identified, I will leave a copy of the KidsMatter Primary Brochure on this topic in the office for you to pick up. Alternatively you may like to attend our Parent Education Training (P.E.T.) afternoon which will be held later this year on a date to be confirmed or you may phone and speak with the School's Guidance Officer, Michelle Davies.

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**CHAPLAIN'S CHAT**

Our world today is overflowing with worthwhile causes, homeless, refugees, victims of natural disasters. Sometimes the needs seem so big we feel that there is nothing we can do. Let's forget what we can't do, but take the time...
to think what we can do, maybe donate clothing or household items to a local charity shop; donate a few dollars to a good cause. Every bit helps.

When many people make small differences, it can make major changes and huge improvements in people’s lives. If each person in Australia donated one dollar each year, that would mean twenty million dollars of help annually. When we develop an attitude of generosity towards others, we will soon discover that generosity will come back to you when we are in need of help.

Take the time to ask yourself “What can I do?” Then I encourage you to go ahead and do it.

Marg Potter - Chaplain

SCHOOL BANKING

School Banking Calling for volunteers - we need your help!

The Commonwealth Bank School Banking program includes an exciting Rewards Program designed to encourage children to get into the habit of making regular savings. Every time students make a deposit at school they receive a Dollarmites token which can be redeemed for a range of exciting reward items in recognition of their regular savings. Students have lots of fun saving their tokens for these cool gifts.

Due to a change in staffing we need more volunteer parents or guardians to assist with the School Banking. This only takes a small amount of your time once a week. Your help with the program will greatly benefit students as they develop vital saving skills and also help our school with fundraising.

The Commonwealth Bank provides full support to our School Banking Co-ordinators with the running of the program.

Please indicate your interest in volunteering for this great program by filling in the tear off section below and returning it to the office.

__________________________________________________ ________________________
Yes, I would like to help with School Banking!

Name: _______________________________
Phone: ______________________________
Email: ______________________________
Availability: _________________________

FOLLOW US ON TWITTER
P & C NEWS

**P&C Meeting:** The next P&C meeting of this year will be held on **Monday 17 November at 1.30pm** in the Conference Room at the Carmichael Centre. We welcome any parents who want to get involved in the school community so if you have any ideas or thoughts that you want to put forward then please come along, your input will be much appreciated.

**2014 PREP TEA TOWELS** – Would you like a gift in memory of your child’s time in Prep in 2014? We have some in the tuckshop for sale for $12. Great gifts!!

**2015 Resource Scheme** – The P&C have endorsed the Ashmore State School Resource Scheme for 2015. As an incentive for prompt payment, if you make your payment by the end of Term 1, 2015 you will -

*Go into the draw for a $150 Tuckshop/Uniform Shop Voucher*

**ASHMORE SS CAR BOOT SALE!** Come and get a Bargain!!

*Saturday November 29*

6.00am – 12.00pm

We’re only charging $10 for you to come along and sell your wares from your Car Boot. Come along on the day and see Ron Odle, our P&C President, he is contactable on 0422798458. The P&C will be running a Sausage Sizzle.

**END OF YEAR CLEANUP WORKING BEE** –

*From 8.00am Sat Nov 29*

*Helper Sausage Sizzle & Iceblock for the kids*
All who attend go into draw for $50 Tuckshop/Uniform Shop Voucher

This is a wonderful opportunity for parents to help (especially if you’re working through the week). We have beautiful grounds at the school, however they do need quite a bit of work! Please bring a Pressure cleaner if you have one.

2015 Bookpacks - As we have NO space for storage, the Bookpacks must be picked up from the Hall on:

Monday 24 November - 10.00am to 11.00, then 2.00 to 3.30pm

Tuesday 25 November - 8.30am to 11.00, then 2.00 to 3.30pm

If you missed this order, you can still order a Full 2015 Bookpack at Flexischools.com.au, or at the tuckshop, for a January 2015 Delivery

Tuckshop Day

Celebrating our wonderful, hardworking Tuckshop staff and volunteers!

Voluntary Contribution – Do you want to help the P&C but don’t have the time spare to volunteer for our events? You can make a voluntary contribution at your leisure via Flexischools. Just login into your account and start a new order then select the ‘Donations’ tab to make your contribution. All monies raised this way are going to the renovation of our prep playground area and we will be very pleased of your assistance.

Ashmore P&C

pandc@ashmoress.eq.edu.au

SURFSIDE BUSLINES
STUDENTS & PARENTS NOTICE
Morning Bus 3018

Please be advised of following:

Effective from Monday 1 December 2014, morning school service 3018 will no longer collect between Trinity College and Benowa High School (the service until Trinity College will remain the same) and will no longer service Ashmore Primary due to no patronage.

Service 3108 will arrive at Trinity College at 8:05am, at Benowa High at 8:13am and Surfers Paradise Primary at 8:30am.

Students currently being collecting within the Ashmore area will be collected by new bus number 3177, please see below the new route for morning bus 3177:

Depart from Ashmore Rd (near Macquarie Ave) at 7:45am, (R) Glenmore Dr (7:50am), (L) Kawana Cr, (L) Reed St, (R) Ashmore Rd, (L) Numeralla Av, (R) Yangoora Cr, (L) Tumbarumba Av, (L) Currumburra Rd, Ashmore Primary School (at 8:00am), (L) Currumburra Rd, (R) Cotley St, (R) Wardoo St, (R)Benowa Rd arriving at Benowa High School (St Kevins side) at 8:12am.

Thank you. Network Planning Department
Detailed timetable for this service will be available on our web site from 27 November 2014.

www.surfside.com.au

GH FOUNDATION

FINDATION
GOLD COAST
AQUATIC PARTICIPATION FUN DAY

Join us for a FUN day at the pool for children and adults with special needs

Swimming Queensland is hosting a FREE fun day at the pool for children and adults with special needs.

Aquatic Participation Fun Days are designed for children and adults with a disability to enjoy fun water activities whilst gaining aquatic skills and confidence, in a
relaxed and safe environment.

★ Water Safety  ★ Aquatic skills  ★ Novelty Races

VENUE:
Palm Beach Aquatic Centre

ADDRESS:
1 Thrower Drive Palm Beach 4223

DATE:
Thursday 18th November, 2014

TIME:
10.30am - 1.00pm

REGISTER ONLINE:
www.qld.swimming.org.au

General Enquiries can be directed to Jess Schipper at Swimming Queensland on 0419 872 375.
The day will be facilitated by Wendy Ross, Inclusion Manager Swimming Queensland

INDIVIDUAL REGISTRATION FORM – AQUATIC PARTICIPATION FUN DAY

Name:__________________________________________

Age:__________________________________________

Session Date & Location:___________________________

School or Community Group Name:____________________

Contact Person Name:____________________________

Contact Phone Number:____________________________

Contact Email Address:____________________________

Are you an Australian Aboriginal or Torres Strait Islander? Yes  No

Disability or Impairment (please mark all that apply to you):

Vision  Intellectual  Hearing/Deaf

Medical Condition:  Physical  Other (Specify):____________________

Swimming Ability (using the options below please indicate your swimming ability):

Non-Swimmer  Beginner  Intermediate  Advanced

Do you require assistance in the water? Yes  No

If yes: Name of parent/Teacher/carer who will be assisting you in the water:______________________________

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